

IAHPC News On-Line
Hospice & Palliative Care News & Information



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International Association for Hospice and Palliative Care (IAHPC)

William Farr, PhD, MD - Editor
Liliana De Lima, MHA - Coordinator
Anne Laidlaw - Layout and Distribution

September 2011

RE: IAHPC's September Newsletter Colleagues:
The September newsletter is now on our website at <http://www.hospicecare.com/news/11/09/>
A very abbreviated version of our newsletter may be found below.

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Warm regards,
Roberto Wenk, MD, Chair
William Farr, PhD, MD, Vice-Chair and Editor

Message from the Chair and Executive Director

Dear readers:

This month we want to highlight 3 useful resources to help advance palliative care globally:

1. Members' Recognition Month: IAHPC is benefited every day by the hard work of our members who are devoted to the advancement of hospice and palliative care worldwide. Members exemplify a continuing commitment to patient care, improving education and developing favorable policies consistent with our mission.

We are delighted to announce that the IAHPC has designated **October** as our **Members' Recognition Month**. We wish to build awareness and understanding of the vital function that our members play in the advancement of our mission and to formally acknowledge their support.

Under this framework, IAHPC will be giving a prize in two categories in our membership program: a) Recognizing member loyalty and b) Increasing our membership. This edition of the NL includes a copy of the announcement and the conditions that must be met to apply. Please spread the word and help us grow our membership!

2. Pallipedia: We are also delighted to announce that Pallium India <http://www.palliumindia.org/> will be collaborating with IAHPC to improve and nurture **Pallipedia**, our free online palliative care dictionary <http://www.pallipedia.org>

Pallipedia offers visitors two options:

- To search for a term or concept related to the field of Palliative Care. The search capability includes stop words and query language.
- It also accepts the submission of a term or concept related to the field of Palliative Care. Accepted terms and

concepts are automatically indexed in alphabetical order.

The quality of the dictionary is ensured through a set of criteria which has to be met in order for a term to be accepted and uploaded. **Pallipedia** offers only definitions published in peer reviewed journals, reference publications, or resulting from sound consensus based processes. To date, and thanks to Fundacion FEMEBA in Argentina and now Pallium India, the dictionary has 813 terms and 923 definitions. It registers more than 150 visitors per day and has become a useful tool for palliative care workers around the globe.

3. **The International Palliative Care Resource Center at the Institute of Palliative Medicine in San Diego** has announced that current as well as archived “**Treat the Pain / LIFE Before Death**” videos are now available for viewing, discussion and downloading from <http://www.IPCRC.net>

The current video is always at <http://www.ipcrc.net/news/treat-the-pain/> Check this URL weekly for the latest video, read the call to action and participate in the discussions.

We hope you will enjoy and take advantage of these great resources!

Until next month,

Roberto Wenk, MD
Chair, Board of Directors

Liliana De Lima, MHA
Executive Director

Special Announcement – IAHPC Membership Recognition Prizes!

IAHPC will give a prize in the following two categories:

1. Loyalty Recognition:

Goal: to maintain the loyalty of members by giving a prize to those individuals and institution(s) who keep their membership active.

Conditions:

- The prize will be an iPad™ 16GB Wi-Fi (1st Generation) (Prizes will vary every year).
- The prize will be assigned through a raffle among the members that meet the eligibility criteria.
- The raffle will be conducted on **October 14th, 2011**.

Eligibility:

- Open to current IAHPC members (individuals and institutions) in all countries of the world.
- Institutions may be represented by a single designated individual.
- Must have been a member of IAHPC for at least 2 consecutive years by the end of **September 31st, 2011**.
- IAHPC staff members, relatives, directors are not eligible to participate.

2. Increase Membership:

Goal : to increase the number of members by giving a prize to a current member who brings in the highest number of new or renewed members. The contest will run from **October 1 to October 31** every year.

Method:

- The prize will be an iPad™ 16GB Wi-Fi (1st Generation). (Prizes will vary every year)
- The registered participant who brings the highest number of new or renewed members will be the winner.
- Interested individuals **must register** with IAHPC for this contest by visiting the following link with their complete name and membership number <http://hospicecare.com/submit/forms/contest.htm> .

Deadline for current members to register as contestants is September 15, 2011.

- New or renewing members joining IAHPC and supporting a registered contestant must list the name of the contestant in the comment box in the membership form found in http://www.iahpcnews.com/membership1/individual_membership.html at the time of registration

Eligibility:

- Open to current IAHPC members (individuals and institutions) in all countries of the world.
- Institutions may be represented by a single designated individual
- **Only registered participants will be eligible to participate.**
- IAHPC staff members, relatives, directors are not eligible to participate

Winners will be announced the week of November 14th, 2011

Some of the IAHPC's Member Benefits to tell your friends and colleagues about include:

Unlimited access / downloads of full text articles from leading palliative care journals online including:

- *Journal of Palliative Medicine*
- *Palliative Medicine*
- *Progress in Palliative Care*
- *International Journal of Palliative Nursing*
- *Journal of Pain and Palliative Care Pharmacotherapy*
- And many more!

Support & participate in IAHPC's global aims:

- Ensuring Global Opioid Availability with the WHO, INCB, and other UN Organizations
- Recognition of Pain Treatment as a Human Right with Human Rights Watch, UICC and other organizations
- Implementing Essential Medicines & Essential Palliative Care Practices in every country

Eligibility for a travel grant to learn or teach

We look forward to your participation in this exciting opportunity.

THE IAHPC TEAM

* For contest rules please see <http://www.hospicecare.com/contest/>

A Traveling Scholar's Report by Mina Kumari Ranabhat (Nepal)



Mina and Dr. Fraser Black, Medical Director of Victoria Hospice and an IAHPC Board Member

I wish to express my deepest gratitude to IAHPC for providing me a traveling scholarship grant to attend an educational / Twinning committee meeting at the Victoria Hospice Society from *August 7 th to August 21 st* in Victoria BC, Canada.

Without this funding, it would have been impossible for me to attend. The visit was organized by the Victoria Hospice Society for the purpose of exchanging information between our two organizations and helping professional and social collaboration....

The visit was the most important part of the exchange and helped to support the palliative efforts at B.P. Koirala Memorial Cancer Hospital, Bharatpur (BPKMCH), Nepal. My participation provided me with additional new skills and learning opportunities that I can now apply to my job....

I learned their community palliative care program operates 24 hours a day. Each shift being handled by an RN and a counselor. Counselors are not generally available in our hospices in Nepal, neither as a staff member nor as a volunteer....

I was able to give a slide presentation about the Hospice and Community Palliative Care programs at BPKMCH, Nepal and the challenges and needs of the Nepalese people.

I was able to accompany the Palliative Response Team on community calls....

To read the full report, please click on the following URL:
http://www.hospicecare.com/news/11/09/travel_scholar.html

Mina Kumari Ranabhat , RN, BN
B.P. Koirala Memorial Cancer Hospital
Bharatpur, Chitwan, Nepal

Article of the Month

Phenomenology of the subtypes of delirium: phenomenological differences between hyperactive and hypoactive delirium

Boettger, S and Breitbart, W

Palliative and Supportive Care 2011; 9: 129-135

Delirium is a neuropsychiatric disorder characterized by cognitive alterations, attention and perception disturbances. Delirium is frequent in advanced stages of disease and the symptoms are distressing to both the patients and for their caregivers.

Delirium is classified into subtypes characterized by their psychomotor behaviours: the **hypoactive type** is characterized by decreased reactivity, motor and speech retardation, amimic facial expression; the **hyperactive type** presents with symptoms like agitation, hyperactivity, delusions, aggressiveness, and perceptual disturbances.

The authors examined the difference in phenomenology between hypoactive and hyperactive subtypes of delirium and determined the comparative prevalence of perceptual disturbances (e.g., hallucinations) and delusions in the two subtypes of delirium in patients referred for delirium management to the Memorial Sloan-Kettering Cancer Center (MSKCC) and who also met the DSM-IV criteria for delirium. Data were recorded in an Institutional Review Board which included serial ratings of the Memorial Delirium Assessment Scale (MDAS), cause of delirium, type and dosages of medications used for delirium-related symptom control....

Why I choose this article

Delirium is present in the majority of patients with advanced stages of cancer and is considered a prognostic indicator of survival and in some cases of impending death.

The presence of either hypoactive or hyperactive delirium subtypes is able to create distress in patients, their health caregivers and their family members. Many papers have been written on the assessment and the management of delirium and the related symptoms, however it not easy to provide adequate treatment.

The authors were able to explain, through a revision of the data collected, the differences in phenomenology between hypoactive and hyperactive subtypes of delirium which helps us in our daily clinical practice.

Read the full article at URL: <http://www.hospicecare.com/news/11/09/aom.html>

Reviewed by Dr. Carla Ripamonti (Italy). Dr. Ripamonti is a member of the IAHP Board and her bio may be viewed at http://www.hospicecare.com/Bio/c_ripamonti.htm

Palliative Care Book of the Month

END OF LIFE CHOICES. Consensus and Controversy.

Randall and Downie.

Arguably the best one-volume discussions of end-of-life issues.

To read the review go to <http://www.hospicecare.com/news/11/09/reviews.html>

Other Reviews

ASSISTED DEATH IN EUROPE AND AMERICA. Four Regimes and Their Lessons.

Lewy.

Focused on the regimes rather than the practices, with curious conclusions.

To read the review go to <http://www.hospicecare.com/news/11/09/reviews.html#1>

NO GOOD DEED.

A Story of Medicine, Murder Accusations, and the Debate over How We Die.

Cohen.

Will a page-turner like this make people sit up and think about end-of-life issues?

To read the review go to <http://www.hospicecare.com/news/11/09/reviews.html#2>

Dr. Roger Woodruff (Australia).
(August 2011)

Below please find some of the previously reviewed books on assisted suicide and euthanasia that were published in this Newsletter.

EUTHANASIA, ETHICS AND PUBLIC POLICY.

An Argument Against Legalisation. Keown (2002) [Review](http://www.hospicecare.com/newsletter2004/june04/page5.html)
<http://www.hospicecare.com/newsletter2004/june04/page5.html>

PHYSICIAN-ASSISTED DYING. The case for palliative care and patient choice .

Quill & Battin (2004) [Review](http://www.hospicecare.com/newsletter2005/june05/reviews.html)
<http://www.hospicecare.com/newsletter2005/june05/reviews.html>

TO DIE WELL. Your right to comfort, calm, and choice in the last days of life.

Wanzer & Glenmullen (2007) [Review](http://www.hospicecare.com/news/08/02/reviews.html)
<http://www.hospicecare.com/news/08/02/reviews.html>

EASEFUL DEATH. Is There A Case For Assisted Dying?

Warnock and Macdonald (2008) [Review](http://www.hospicecare.com/news/08/08/reviews.html)
<http://www.hospicecare.com/news/08/08/reviews.html>

Dr. Roger Woodruff is a Lifetime member of the IAHP Board and past Chair. He lives in Heidelberg, Victoria, Australia and his biography may be found at http://www.hospicecare.com/Bio/r_woodruff.htm

Announcements:

Palliative Care: Making A Difference Internationally



The University of Edinburgh, UK 20 -24 February 2012

This full-week CPD course for healthcare specialists in supportive and palliative care has been developed by the University of Edinburgh Primary Palliative Care Research Group <http://www.homepages.ed.ac.uk/smurray1/> and the Global Health Academy <http://www.ed.ac.uk/schools-departments/global-health>.

The programme not only covers palliative care practice and policies from both a local and global perspective, but also covers primary care research and clinical studies.

Download the course flyer at: http://www.lifelong.ed.ac.uk/palliativecare/pdf/palliativecare2012_webflyer.pdf

<http://www.lifelong.ed.ac.uk/palliativecare/>

HIV and Ageing: Addressing the neglect of older people in the HIV response

HelpAge International Conference – 2-3 December 2011, Addis Ababa



HelpAge International, an international development NGO that helps older people claim their rights, challenge discrimination and overcome poverty so that they can lead dignified, secure, active and healthy lives, is hosting a 2 day conference on HIV and ageing in Addis Ababa ahead of the International Conference on AIDS and STIs in Africa. The conference will take place on the 2-3 December 2011....

Read the full announcement at: <http://www.hospicecare.com/news/11/09/announcements.html>

<http://www.helpage.org/>

<http://www.aidsconsortium.org.uk/index.html>

“Development of Palliative Care Services in the Republic of Serbia”

Dear Colleagues,

The European Union-funded project “Development of Palliative Care Services in the Republic of Serbia” is looking for short term experts to help deliver palliative care education programmes to Serbian healthcare providers over the next two years....

More information is available at the website below and in the attached document, including planned training dates, terms of reference, and a draft proposal of the education plan for this project.

<http://www.opml.co.uk/news/palliative-care-trainers>

If interested **please reply to the project using the contact information supplied on the website.**

Please feel free to forward this notice to others you may know who may be qualified and interested.

Read the full announcement at: <http://www.hospicecare.com/news/11/09/announcements.html>

Sincerely,

John C. Ely MD
Project Team Leader



European Union Project #10SER01/10/11
Development of Palliative Care Services in the Republic of Serbia
1100 Belgrade Serbia, Pasterova 2
PO Box 55 Post Office 102
Tel: +381 11 30 65 413

Kenya's first National Cancer Control Strategy

Dear all,

I want to share with you the good news. Our first National Cancer Control Strategy will finally be launched tomorrow morning (August 12) by the Ministry of Health in an official event....

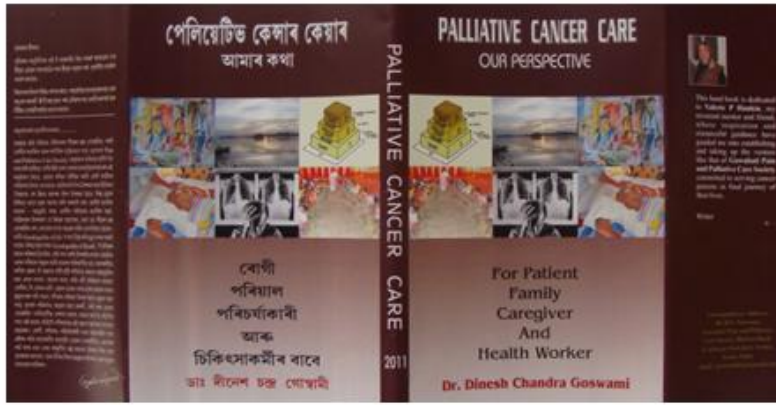
Read the full announcement at: <http://www.hospicecare.com/news/11/09/announcements.html>

Sincere regards,

Zippy

Dr Zipporah Ali, MD, MPH, Dip. Pall. Care
National Coordinator
Kenya Hospices and Palliative Care Association (KEHPCA)
Dr. Zipporah Ali is also an IAHP Board Member

An Indian book on Palliative Care – Not just another book on Palliative Care



Dr Dinesh Chandra Goswami, the palliative care pioneer from Guahati, Assam, India, has published a book, "Palliative Cancer Care: Our perspective". And before anyone says to oneself, "Oh, another book on palliative care", let me add that this book is special....

This is not a *textbook* on Palliative Care. It is a collection of essays from the author, translated into English by his wife Mandira Sarma,...

Read the full announcement at: <http://www.hospicecare.com/news/11/09/announcements.html>

Submitted by:

M.R.Rajagopal MD
 Chairman, Pallium India
 Director, Trivandrum Institute of Palliative Sciences and an IAHP Board Member
 S.U.T Hospital, Pattom, Trivandrum 695004
 Kerala, India

New and Renewing Members Plus Donors for August

We wish to thank all of the following people and institutions for their support during the past month.

DONORS

Name	Country
Adriana Di Santo Ricci	Canada
Anthony & Debra Sardino	USA
Brian & Irene Crawford	USA
Campbell & Brannon	USA
Charlotte Ender	USA
CharlotteGgoodnoe Bauer	USA
Creative World of Child Care Inc	USA
Jack Nemchin	USA
Jane & Jeff Milner	USA
Jim & Cheryl Miller	USA
Mark and Brenda Sherman and Family	USA
Mark Goodman	USA
Nancy and Randy Collins	USA
Phyllis Robbins and Stanley Flanzenbaum	USA
Pine Island Art Association	USA
Raylene Fenton	USA
Rene Allegre	USA
Richard Muzzy	USA
Rob DiStefano	USA
Robin and Gary Beckerman	USA
Robyn Topple	USA
Roland E. Kissinger	USA

Sandee Bredenberg	USA
Stephanie Arndt	USA
Teresa Barnett	USA

MEMBERSHIP RENEWALS

Name	Country
Clara Maria Cullen	Argentina
Margo Munroe	Bahamas
Rumana Dowla	Bangladesh
Angelica Yamaguchi	Brazil
Ciro Floriani	Brazil
Marco Tullio Assis Figueiredo	Brazil
Adaire Leander	Canada
Suzzane Leece	Canada
Li Jinxiang	China
Gerhild Becker	Germany
Cancer Patients Aid Association	India
Nandini Vallath	India
Bernardo Villa	Mexico
Marisela Holguin	Mexico
Mina Ranabhat	Nepal
Rhodora del Rosario Ocampo	Philippines
Rumalie Corvera	Philippines
Frank Manase	Tanzania
David Prail	UK
Olga Usenko	USA
Tamara Vesel	USA
Quach Thanh Khanh	Vietman

NEW MEMBERS

Name	Country
Selma Bermudez	Belize
Stephen Claxton-Oldfield	Canada
Sajeevan Kunivayalil	India
Koji Kawamura	Japan
Usha Thapa	Nepal
Glory Mziray	Tanzania
Joseph B. Kennedy, Sr.	USA
Sheila Eisenbach	USA
Sorin Buga	USA

Webmaster's Corner

Website Of The Month Hospice Africa

Each month we publish one website that highlights how individuals, organizations, or countries attempt to get their message out about what it is we do in hospice/palliative care.

Hospice Africa was founded August 1993, committed to providing, or supporting the provision of, palliative care to cancer and HIV/AIDS patients in Sub-Saharan Africa. <http://hospice-africa.merseyside.org/>

IAHPC Membership Recognition Contest - Win an iPad™ 16GB Wi-Fi (1st Generation)

IAHPC has designated **October** as our **Members' Recognition Month!**

Visit the contest page at <http://www.hospicecare.com/contest/> to find out more.

Until next month!

Anne Laidlaw

IAHPC Webmaster

Letters to the editor!
William Farr, PhD, MD

Newsletter Editor

May be submitted at: billfar@hospicecare.com

****Thanks to all contributors to this issue.****

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